Greater Manchester Falls Prevention Awareness Week:

A Community of Learning, Sharing and Problem Solving (CoLSP)

Thursday 21st September

Greater Manchester Falls Collaborative

Equity, access and equality

Data improvement, insight and interrogation

Embedding evidence and evaluating what works

Community

Clinical   Care

Digital technologies that enhance and enable

Workforce development, recruitment and training

Community of learning, sharing and problem solving

Ageing in Place

GREATER MANCHESTER
DOING HEALTH DIFFERENTLY

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What will we cover in today's session?

- A brief background of the development of the **Greater Manchester Falls Collaborative.**

- The purpose of a **'Community of Learning, Sharing and Problem Solving'.**

- **Current insight** as to what content the system wants this platform to cover.

- Discussion and **design of CoLSP programme** for the next 12 months.

The background of this work…

- Launched the **'Greater Manchester Falls Prevention: Delivering Integration and Reconditioning'** Report (January 2022)

- Commitment to develop a **'Greater Manchester Falls Collaborative'** to deliver on the 6 key recommendations detailed in the report.

- Pulled together a **'Greater Manchester Falls Collaborative Strategy group'** to provide strategic leadership and guidance to the development of this work across the system.

- Consulted with key falls prevention leads across the system (all 10 localities) at the January event and started to populate the key *'opportunities for action'* consequently pulling together a DRAFT **'Greater Manchester Falls Collaborative Action Plan'** for the system.

Greater Manchester Falls Prevention: Delivering Integration and Reconditioning

The Greater Manchester Falls Collaborative

- The GM Falls Collaborative has been established to **oversee and deliver the strategic and operational system level priorities and recommendations for falls prevention**, integration and reconditioning across community, clinical and care settings.

- The collaborative will send a clear message that **falls prevention is a continued priority**, in enabling improved health outcomes for all, working towards co-created integrated pathways, raising the profile of what works in terms of life course approaches, prevention and evidence-based interventions.

GM Falls Collaborative:

Improving the health and wellbeing of GM residents in preventing falls, improving strength and balance and supporting reconditioning.

- Establishing clear governance and membership to broaden integration, reach and impact of specific and wider strategic programme priorities
- Championing implementation of evidence-based programmes
- Developing a Theory of Change for integrated action based on priority areas identified
- Ensuring and facilitating linkages and support within the GMHSCP/ICS to support the enablement of falls prevention programming and investment across the GM system
- Changing the narrative through a proactive shift towards positive age- inclusive language, practice and gain framing to reduce stigma and overcome ageism

Equity, access and equality	Embedding evidence and evaluating what works	Data improvement, insight and interrogation	Workforce development, recruitment and training	Community of learning, sharing and problem solving	Digital technologies that enhance and enable

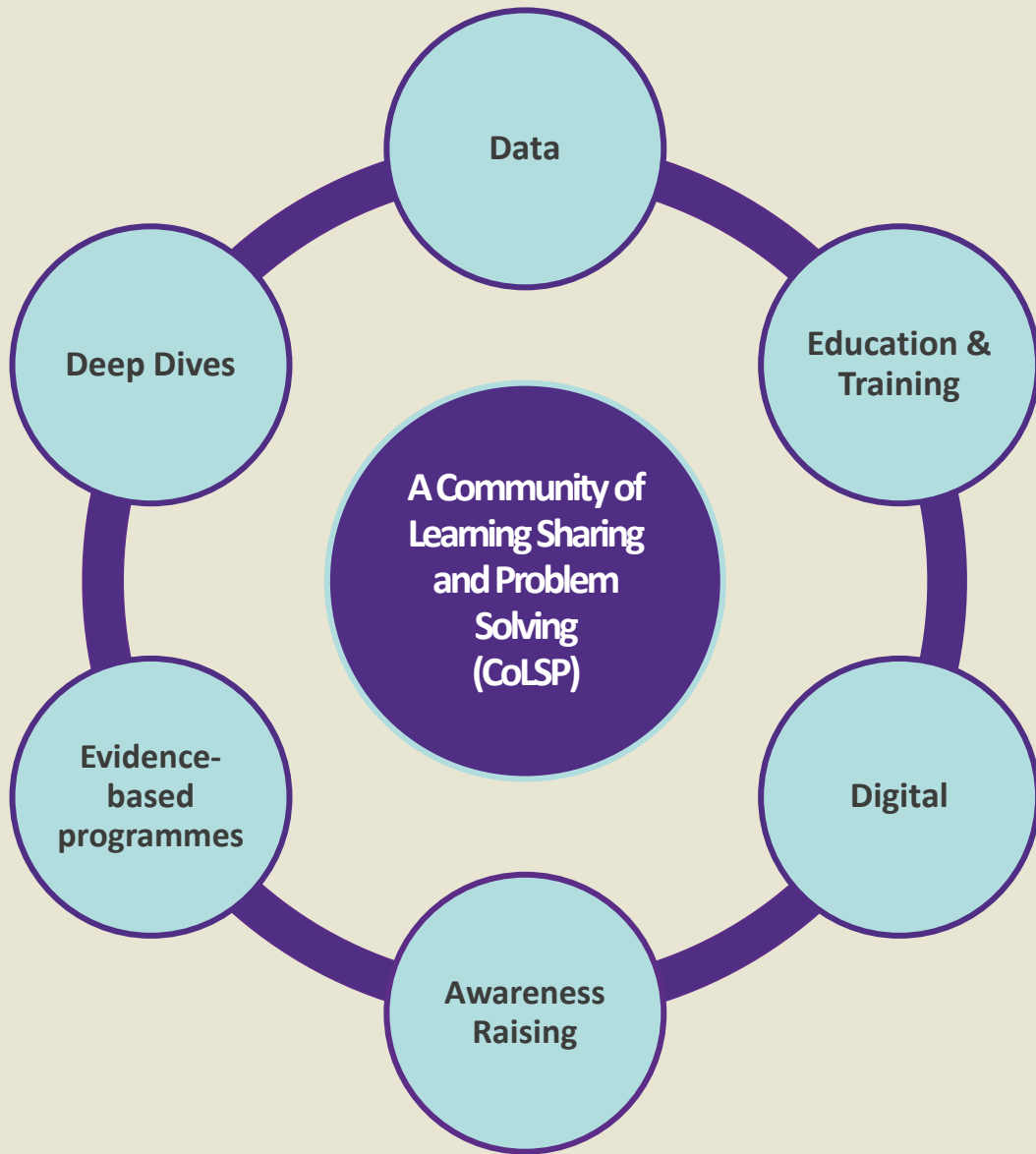|	
Equity, access and equality	**GM Quality Standards** minimum agreed set of standards for provision, outcomes, assessment, monitoring and evaluation
	Addressing inequity across the system using strategic programme and investment levers, underpinned by effectively tailored and inclusive provision and good practice
	Developing/Sharing Integrated models of community, clinical and care pathways
Embedding evidence and evaluating what works	**Co-creation and co-production** at the heart of work
	Ensuring evidence-based programmes are adopted at scale
	Evaluating what works and developing new evidence and insight on fully integrated services that deliver a reduction in falls
	All commissioning is evidence-based with potential to work towards a model of joint commissioning that spans borders (e.g. across GMHSCP/ICS and/or localities)

Data improvement, insight and interrogation	**Enhancing data insight** to inform needs based commissioning and enable tailored and targeted provision to address system inequity
	Expand on current outcomes for a more holistic person and place-based indicators
	Effective use of data (including developing electronic care records) to identify those who may benefit the most whilst leaving nobody behind
Workforce development, recruitment and training	**Developing workforce capacity** jointly across GM through appropriate level qualifications and progression through to higher levels.
	Recruitment targets for a representative workforce (age, ethnicity, sexuality, gender) to enable true equity of access to provision and to reduce barriers
	Cross-work shadowing and development opportunities to enhance skills and build relationships across providers
Digital technologies that enhance	**Scaling innovation** and technologies that are developed using human-centred design, co-created and evidence-based
	Identification and 'test-bedding' blended models of intervention, building on what was grown during pandemic

A 'Community of learning, sharing and problem solving'

What's the purpose?

- To bring together a collective with a **shared purpose**.

- To develop a mechanism for **effective sharing, including workshops, action learning sets, updates, conferences, etc**

- **Diverse and unrestricted membership** to enable collaboration to feed into and across priority areas.

- **Showcasing and celebrating what works effectively** across Greater Manchester within communities and neighbourhoods.

Learning Communities

A Community of Learning Sharing and Problem Solving (CoLSP)

Data

Education & Training

Deep Dives

Digital

Evidence-based programmes

Awareness Raising

Evidence-based programmes

-Sharing the range of 'Evidence-based' programmes from across Greater Manchester.
-Outcomes from the programme (both qualitative and quantitative)
-How do we influence commissioned to commission the 'evidence-base'?
-Falls Lifting Service (evaluation)

Awareness Raising

-Annual conference for 'Falls Prevention' to bring together the system on this collective journey (Could be used to review the action plan as a whole-system?)
-Monthly webinars on key topics from E&T
-TV advertisements for Falls Prevention (similar to the approach to strokes)
-Leaflet for GM on Falls Prevention

'Deep Dives'

-Each areas in GM to provide an overview of their local approach to delivering 'Falls Prevention'.
-Sharing what is 'good' and what is 'bad' about current delivery.
-Deep Dive into locality approaches to Care Homes (What's working well and what isn't?)
-What role can the private sector play?

Education & Training

-Risk factors for falls
-Bone Health Information
-Frailty
-Falls Prehabilitation (Later Life Training)
-CPD Opportunities
-Other established programmes (PreHab4Cancer)

Data

-How do we collect falls related information across GM?
-How can we use data to better target individuals?
-Data sharing within a locality or GM: What would this look like?

Digital

-Showcasing assistive technologies and healthcare
-The 'Keep On Keep Up' (KOKU) application
-Tech solutions to bringing the system together around falls prevention (Webpage, MS Teams channel etc).

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Discussion...

- Does this resonate with what you want from this space?

- Is there anything missing? Any glaring **gaps**?

- How often would you like this community to meet?

- In what format? (Online, a mixture of online with face to face, developing a MS teams' channel for constant engagement and sharing?

- What would be your **top 3 priorities** for us to take forward in the **first 3 months**?

- Would you like to see a **programme for this group established**, or would you like this space to be more fluid and we design as we go?